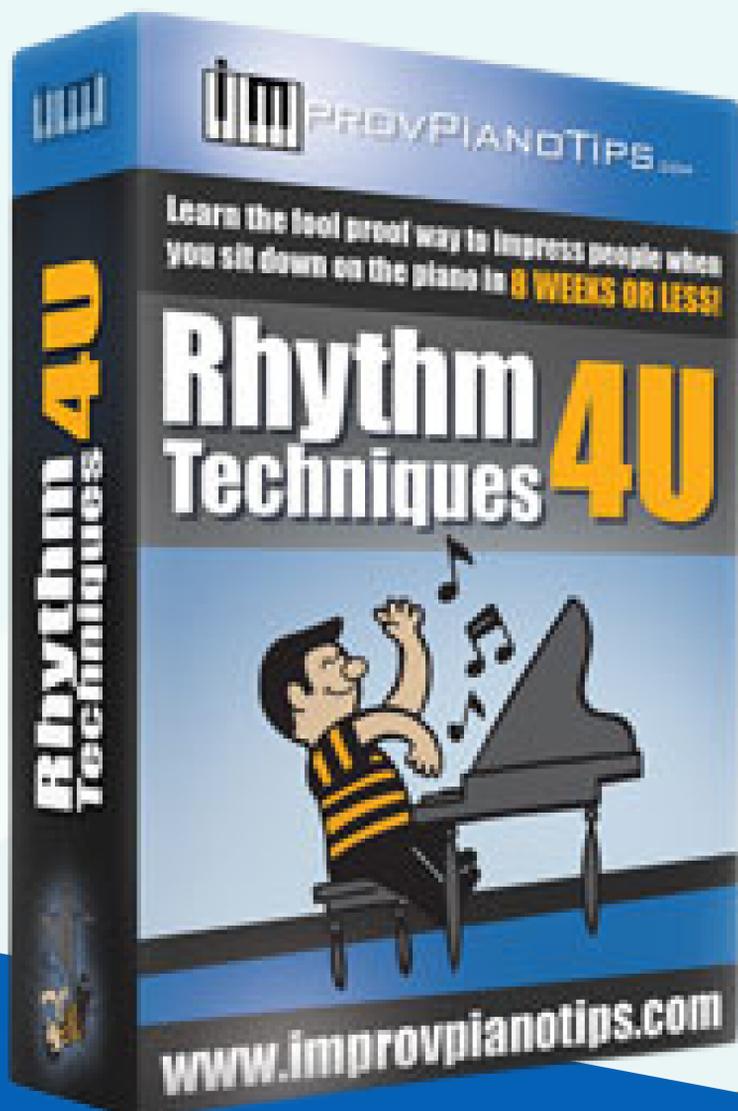
 **SPEEDY**

2-Week Learning

PATH





“If You Didn’t Get My Free Book...”

“Food For Thought: The key to playing piano like me? Master the 5 core exercises from my book that build the muscle memory behind my style. Nail those, and you’re set to get insanely quick results”

**» GET IT
HERE»**

Go to: www.improvpianotips.com/free-book

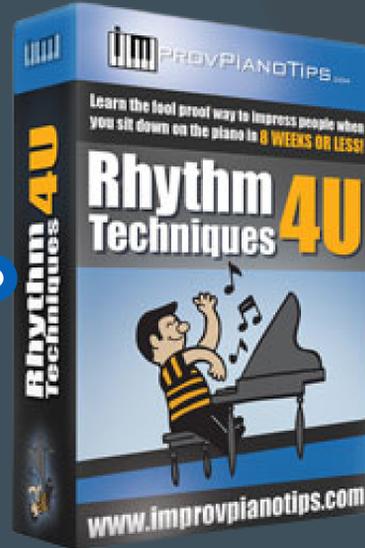
Unlock the **rhythmic instinct** hidden in your hands with my free book! Build real muscle memory and start playing with a flowing, natural sound!



Days 1-5

MASTER RHYTHMIC TENSION


**2-WEEK
PATH**



Learn
Rhythmic
Tension



Pick 1 of 8
Songs To Learn



Hand
Coordination



Apply Rhythmic
Tension To Your
Song





Days 1-5

MASTER RHYTHMIC TENSION

Each Day: 20 Minutes of Practice



5 Minutes

Learn "Rhythmic Tension"

Watch [this video](#) without playing anything. Watch it for the next five days until you complete and understand it.

The first part of the video is the tutorial portion (0:00-7:18 mark)

10 Minutes

Practice "Rhythmic Tension"

Choose 1 of 7 songs to work on from the same video linked to the left. I would suggest working on just a snippet of the song.

Song time stamps:

Hotel California: 7:20
Give Thanks: 9:34
Feel My Love (Adele): 13:57

5 Minutes

Apply "Rhythmic Tension"

Practice your chosen song. Jot down the chords if needed for the section. Decide where to add rhythmic tension - but don't use it on every chord. Place it intentionally.

Notes

Download the PDF visual for this 4/4 time signature [here](#). Use the visual to guide you.

Notes

Song time stamps ([part 2 video here](#))
Here I Am To Worship: 0:00
Jireh: 3:30
Let it Be: 9:30
Country Roads Take Me Home: 13:07

Notes

Don't forget to learn the basic form of the song with just your left hand pumping on quarter notes.



Days 5-11

MASTER NIK'S CHORD VOICING + "CHEAT CODE TO GALLOPING"



5 Minutes

Learn Nik's Chord Voicing

Watch [this video](#) without playing anything. Watch it everyday for the next six days until you complete and understand it.

I would **not** recommend mastering all key signatures. Choose 3 key signatures you like and start there :)

Notes

Download the PDF visual [here](#) for the chord voicings and 1-6-4-2-5-1 progressions.

10 Minutes

Connecting To The Rhythm

Watch [this video](#) and understand everything I'm doing.

Practice Clapping The Rhythm

Watch [this video](#) and clap along with me

Notes

Remember, the 1st part of the rhythm is variable! It changes. The 2nd part stays the same (RLLR)!

10 Minutes

Apply "Rhythmic Tension"

Watch [this video](#) to see how I apply this in "Hallelujah" by Leonard Cohen.

Notes

Download the PDF visual chord chart for "Hallelujah" [here](#).



Days 12-14

BETTER HAND COORDINATION

Choose Your Skill Level



BEGINNER

Beginner Hand Independence

Watch [this video](#) for beginner hand independence exercises.

If these are too easy, move onto the next video.

Be able to do these movements 5 times in a row without any mistakes.

Notes

Download the PDF visual [here](#)

INTERMEDIATE

Beginner Hand Independence

Watch [this video](#) for intermediate hand independence exercises.

If these are too easy, move onto the next video.

Be able to do these movements 5 times in a row without any mistakes.

Notes

Download the PDF visual [here](#)

ADVANCED

Beginner Hand Independence

Watch [this video](#) for advanced hand independence exercises.

If these are too easy, move onto the next video.

Be able to do these movements 5 times in a row without any mistakes.

Notes

Download the PDF visual [here](#)

COMPLETED

You've got rhythms course - now don't miss the real gem  My brand-new book is 100% FREE (yep, I'm covering the cost). Just chip in for shipping and I'll send you the **physical copy packed with the exact exercises that gave me my rhythmic instinct** and flow. Let's get that muscle memory into your hands!



Send Me Your Address...

I'd like to rush a FREE copy of my brand new book to your doorstep ASAP

<p>CARRYING RIGHT HAND RHYTHM INDICATED BY ★</p> <p>T R R R R R R R 1 E+A 2 E+A 3 E+A 4 R L L L L</p> <p>»SCAN HERE»  Go to: www.membership.improv.com Watch the video tutorials for step-by-step guidance on playing every exercise</p>	<p>MOMENTUM PUSH INDICATED BY ⚡ CONTINUED</p> <p>1 e & a 2 e & a 3 e & a 4 e & a MP MP MP MP MP</p> <p>5-Note Momentum Push</p> <p>⚠</p> <p>Don't worry if you CAN'T READ SHEET MUSIC scan the QR code to watch simple step-by-step tutorials where I'll walk you through how to play momentum push exercises</p> <p>»SCAN HERE» </p>	<p>COMPLETE DON'T Forget To PRACTICE LOOP</p> <p>COMPL3-STYLE</p> <p>»SCAN HERE»  Go to: www.membership.improv.com Practice your COMPLETE practice loop online</p>	<p>HOW NIK PLAYS "HOTEL CALIFORNIA" BY THE EAGLES</p> <p>VERSE 1 Am ⚡ On a dark desert highway, cool wind in my hair G ⚡ Warm smell of colitas rising up through the air F ⚡ Up ahead in the distance, I saw a shimmering light Dm ⚡ My head grew heavy and my sight grew dim E7 ⚡ I had to stop for the night</p> <p>VERSE 2 Am ⚡ There she stood in the doorway; I heard the mission bell G ⚡ And I was thinking to myself D ⚡ This could be heaven or this could be hell F ⚡ Then she lit up a candle, and she showed me the way Dm ⚡ There were voices down the corridor, E7 ⚡ I thought I heard them say...</p>
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Like I mentioned before, **this book is free**. I'll pay for the book and all I ask is that you help me cover the shipping and handling cost and I'll send it anywhere in the world!



YES! RESERVE MY FREE COPY NOW!

You pay only \$19.95 for shipping and handling

PLUS, enjoy \$6,463 worth of FREE bonuses + 30 days free access to Nik's brand new 2025 Improv Piano Academy